

PERSONAL ITEMS PACKING LIST

Carry-on: limit personal items to 1 purse (small back pack), 1 carry on, (no knives, scissors, files, etc.),

Checked Bags: whatever number of checked bags you can take make them large. Take one for personal things including sleeping needs, towels etc.

Take additional suitcases with donations for the church's / community's needs

Wear on plane (wear heaviest shoes and layers for warmth here and flexibility there)

work boots – or heaviest shoes (if you can manage them through airport security)

sweater or sweat shirt (planes can be cool)

rain coat

picture id

Carry On (pack these essential items in carryon in case your luggage is delayed)

toilet Articles -including face cloth & bath towel

kleenex packets, antibacterial wipes

water bottle (EMS sells them with a cover)

personal medications (antibiotic skin cream, band-aids, aspirin/tylenol, vit C, all allergy meds you might need – allergens are rampant!)

work hat (for spring/summer early fall - brim all the way around suggested)

sunglasses to protect from sun, flying dirt and debris

sunscreen

insect repellent (spring/summer/early fall trips)

2 days underwear, socks

1 set of work clothes – for re-building: long pants and long sleeves recommended for protection [no spandex or short shorts please], shirt, work boots / hiking boots / sturdy shoes, work gloves, work goggles - for cleaning out/gutting in hot weather – take shorts and t-shirts you can wear under the white suits and take latex gloves to wear under work gloves, work goggles)

flashlight

something safe for money and ID

ear plugs – if sleeping with snoring folk may be an issue

travel game/book/camera

Large Suitcase (any extra space can be filled with donations)

work clothes, including extra work gloves

underwear, socks

casual going out clothes: in case you go out to eat or go into the French Quarter to visit
(we discourage jeans or revealing attire for this)

church clothes

(extra batteries for flashlight, camera, alarm, walkman)

plastic bag for laundry

sheets and blanket or sleeping bag (there are cots and single bed size airmattresses)

towels

modest sleep wear (which is suitable for sleeping in a large, shared room)

mirror

optional:

snacks for plane, portable musical instrument, portable disc player and small selection of discs, construction tools (we'll make suggestions as we know what our work will be), spending money

- donations:** ~ Financial Contributions for the rebuilding of Good Shepherd, UCC (so they can have a home from which to better serve the community)
- ~ \$25 gift certificates for Home Depot, Loews, Target, Walgreen's, Sears.
 - ~ Like-new books for all ages, especially children and youth
 - ~ Like-new children's games (Candy Land, UNO etc.)
 - ~ Handmade blankets, prayer shawls, quilts